PLANT FACT SHEET

Artemisia afra Jacq. ex Willd.

GENUS *Artemisia* **FAMILY** Asteraceae

COMMON NAMES African wormwood

EDIBLE PARTS AND USES

Edible parts: Leaves, Flavouring, Leaves - tea

The leaves have been used to flavour beer. They are used as a tea substitute. And used for a sauce.

DESCRIPTION

A shrub. It is erect. It grows 75-250 cm high. It has some hairs but under the leaves are thickly white and hairy. The leaves are alternate and feathery. They are divided 2 or 3 times. The last segments are narrow. The edges curve backwards. There are many flower heads. The flowers are tube shaped. They are yellow.

HABITAT

It is a tropical plant. In Swaziland it is rare. In Malawi it grows on the edges of forests and in rocky places at 2,000-2,450 m altitude. It can grow from 20-4,050 m above sea level. It grows in hot arid areas. It can grow in arid places.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0701a8af-eb79-4faa-b9fe-616e9e5b8bcb