PLANT FACT SHEET

# *Cola caricifolia* (G. Don) K. Schum.

**GENUS** *Cola* **FAMILY** Malvaceae

**COMMON NAMES** Monkey Cola, False cola

## EDIBLE PARTS AND USES

**Edible parts:** Seeds, Stimulant, Nuts

## DESCRIPTION

A small tree. It grows to 10 m high. The trunk is 15 cm across.

## HABITAT

A tropical plant. It is an under-storey plant in deciduous forests in West Africa.

## NOTES

Also put in the family Sterculiaceae.

## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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