PLANT FACT SHEET

Veronica syriaca Roem. & Schult.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Syrian speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a spice to flavour buttermilk and yoghurt.

DESCRIPTION

A herb. It grows each year from seed. It grows 10-30 cm tall and can be hairy. The leaves are oval and have teeth along the edge. The flowers are in loose groups. They are blue.

HABITAT

It is a Mediterranean climate plant.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/07278ac1-35ae-4bb2-a9bc-363dfab6bbc8