PLANT FACT SHEET

Tetrataenium rigens (Wall. ex DC.) Manden

GENUS *Tetrataenium* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

DESCRIPTION

A large herb or small shrub. It has tuberous roots and keeps growing from year to year. It grows 1 m tall. The leaves are large and twice divided. The leaves have lobes and these vary in size becoming smaller towards the tip. There are teeth along the edge. The leaves are hairy. The flowers are large and in erect compound groups with stalks from the same point. The flowers have 5 oval petals. The fruit are 1 cm long by 0.5 cm wide. They are narrowly oval and flattened with 3 ridges.

HABITAT

It is a tropical plant. It grows in evergreen forests.

PRODUCTION

Harvesting and Seed Production

In southern India plants flower and fruit August to September.

NOTES

It is used in medicine.

REFERENCES

Arinathan, V., et al, 2007, Wild edibles used by Palliyars of the western Ghats, Tamil Nadu. Indian Journal of Traditional Knowledge. 6(1) pp 163-168 (As Heracleum rigens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0730bfb6-427d-45ea-87e9-d68bb7980050