PLANT FACT SHEET

Cirsium lineare (Thunb.) Sch. Bip.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

DESCRIPTION

A herb. It is a thistle that grows 0.6-1.5 m tall. It keeps growing from year to year. The leaves are oval and 6-18 cm long by 2-3 cm wide.

HABITAT

It is a tropical plant. It grows on mountain slopes and in wasteland between 500-2,500 m above sea level.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (Also as Cirsium laushanense)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/078ab71a-43cc-4c37-af63-e9cd69a4ce66