PLANT FACT SHEET

Pilea scripta (Buch,-Ham. ex D. Don) Wedd.

GENUS *Pilea* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A stout herb. It grows 30-120 cm tall. The leaves are 3-18 cm long by 2-8 cm wide. They have teeth along the edge.

HABITAT

It is a temperate plant. It grows between 1,500-2,500 m above sea level in north India.

REFERENCES

Agarwal, R. & Chandra, V., 2019, Diversity of wild edible plants in the Mandal-Chopta forest, Uttarakhand. Journal of Medicinal Plants Studies 2019; 7(1): 89-92

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/078e0b1d-e5ad-4e11-9e63-2796959ac7fa