PLANT FACT SHEET

Cibotium chamissoi Kaulfuss

GENUS *Cibotium* **FAMILY** Dicksoniaceae

COMMON NAMES Hapu'u i 'i, Chamisso's manfern, Hapu 'u pulu, Hawaiian tree fern

EDIBLE PARTS AND USES

Edible parts: Stem - starch

The starch in the trunk is pounded free from the fibres.

DESCRIPTION

A tree fern. It has an erect trunk. It can be 5 m high and 12 cm across the trunk. The fronds often remain making a skirt of dead fronds around the trunk. The fronds are smooth and dull green and can be divided 2 or 3 times. The fronds are 3.5 m long. There are woolly golden hairs at the base of the frond stalk.

HABITAT

It is a tropical fern. It grows in moist rainforest in Hawaii from 300 -1800 m altitude.

NOTES

There are 10-15 Cibotium species. They occur in the Pacific.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/07c93ff6-e5ae-49e6-bfc1-d3b46c1a36ed