PLANT FACT SHEET

Ipomoea lapathifolia Hall. f.

GENUS *Ipomoea* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Leaves

The tubers are peeled and eaten raw.

DESCRIPTION

An erect herb. It keeps growing from year to year. It grows 20-30 cm high. It has a tuberous rootstock. The tubers are like carrots and 10 cm long by 2 cm wide. There is usually only one stem but sometimes two. They are sometimes branched. The leaves are narrow and 10 cm long. The leaf stalks are short. The flowers are funnel shaped and white. There are 1-4 together in the axils of leaves. The fruit is a 4 seeded round capsule. It is green with purple tinges and turns brown.

HABITAT

It is a tropical plant. In Kenya it grows from sea level to 1,400 m altitude. It is often in seasonally waterlogged places.

PRODUCTION

Cultivation

Plants can be grown from seeds or by tubers.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/07cf4c9c-640f-4a16-9629-c98d99ed2e56