PLANT FACT SHEET

Begonia palmata D. Don.

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Bayia

EDIBLE PARTS AND USES

Edible parts: Leaves, Flavouring

The leaf stalk is used as a vegetable. It is also crushed and made into a paste for preparing chutney.
The leaves are also used as a vegetable.
The leaves are eaten fresh or cooked as a flavouring.

DESCRIPTION

A herb. It grows 20-90 cm tall. It has rhizomes that are 2 cm across. The stems are erect. It keeps growing from year to year. There are leaves at the base and on the stem. The leaf stalks are 1-4 cm long. The leaves are oval and unequal on opposite sides. They are 12-33 cm long by 6-27 cm wide. The flowers are pink.

HABITAT

It is a subtropical plant. It grows in evergreen broad-leaved forests by streams and on rocks in moist places between 100-3,200 m above sea level. In Sichuan and Yunnan.

PRODUCTION

Harvesting and Seed Production

Leaves are available throughout the year.

NOTES

There are 900-1,000-1,500 Begonia species.

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