PLANT FACT SHEET

Dioscorea fordii Prain & Burkill

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

The root tuber is cooked and eaten.

DESCRIPTION

A yam. The tubers are vertical and cylinder shaped. The stems twine to the right. They are prickly at the base. The leaves are alternate near the base and opposite higher up. They are simple and oval and 4-14 cm long by 2-8 cm wide.

HABITAT

A tropical plant. It grows in mixed forests and along rivers from near sea level to 1,200 m above sea level in China.

NOTES

There are about 650 species of Dioscorea.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 420 (As Dioscorea hainanensis)

Cao, Y., et al, 2020, Ethnobotanical study on wild edible plants used by three trans-boundary ethnic groups in Jiangcheng County, Pu'er, Southwest China. Journal of Ethnobiology and Ethnomedicine (2020) 16:66

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