PLANT FACT SHEET

Polygonatum hookeri Baker.

GENUS *Polygonatum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are eaten raw.

DESCRIPTION

A lily herb. It keeps growing from year to year. The stems are 3-5 cm tall. They have white papery scales. The leaves are narrow or oblong. They are crowded at the tip of the stem and the edges roll inwards. The flowers are deep pink to lilac. They have a scent.

HABITAT

It is a temperate plant. It grows between 2,500-5,000 m above sea level.

REFERENCES

Ghimire, S. K., et al, 2008, Non-Timber Forest Products of Nepal Himalaya. WWF Nepal p 99

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/08678de2-8374-44ff-bd3e-51d88d562b94