PLANT FACT SHEET

Viola arvensis Murray

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Field pansy

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

The leaves are boiled and eaten.
The small flowers are eaten fresh in salads.

DESCRIPTION

A herb. It grows for one or two years. It grows 5-50 cm tall. The leaves are 1-7 cm long by 1-2 cm wide. They have some hairs especially along the edges and veins. There are some teeth along the edge. There can be a few or many flowers. They are funnel shaped and yellow.

HABITAT

It is a Mediterranean plant. It grows in exposed places and abandoned fields. In Argentina it grows from sea level to 1,100 m above sea level.

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