PLANT FACT SHEET

Hibiscus physaloides Guill. & Perr.

GENUS *Hibiscus* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Flowers, Vegetable

The flowers are cooked and eaten as a vegetable.

DESCRIPTION

A small annual shrub. It has bristles. It grows 2 m tall. It has chalky secretions near on the lower side of the leaf at the base. The leaves are 20 cm long by 15 cm wide. It is almost round but with lobes at the end. There are teeth around the edge. The flowers are yellow with a red base. They are 9 cm across. The fruit is a capsule 15 mm long by 10 mm wide. The seeds are 2.5 mm long by 2 mm wide.

HABITAT

A tropical plant. It is widespread in tropical Africa. It grows in savannah woodland, palm groves and on coastal sands. It grows in dry stony places.

NOTES

There are about 220 Hibiscus species.

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