PLANT FACT SHEET

Withania coagulans (Stocks) Dunal

GENUS *Withania* **FAMILY** Solanaceae

COMMON NAMES Indian rennet, Indian cheese-maker

EDIBLE PARTS AND USES

Edible parts: Fruit - rennet, Leaves

The berries are used to coagulate milk and to prepare soft cheeses.
The leaves and fruit are used for herbal drinks.
The fruit are also eaten raw.

DESCRIPTION

A branched shrub. It grows 1 m tall. The shoots are rigid. The leaves are 3-8 cm long by 2-4 cm wide. They are narrowly oval and wedge shaped at the base. They are leathery. The flowers have both sexes. The fruit is a round berry 10-12 mm across. It is red. The seeds are 2.5 mm wide. They are kidney shaped.

HABITAT

It is a temperate plant. In Pakistan it grows in dry hot stony places up to 1,700 m altitude.

NOTES

There are about 10 Withania species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0898dd35-e24e-448d-bc57-4e30370089c4