PLANT FACT SHEET

Elatostema blechnoides Ridl.

GENUS *Elatostema* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Haberle, S., 2005, Ethnobotany of the Tari basin, Southern Highlands Province, Papua New Guinea. Palaeoworks Technical Paper 6.

Powell, J., 1982,

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/08b55706-b293-4b7c-8dd9-ca1f01916a83