PLANT FACT SHEET

Elytraria imbricata (Vahl) Pers.

GENUS *Elytraria* **FAMILY** Acanthaceae

COMMON NAMES Purple scalystem

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb. It grows 40 cm high. The leaves are alternate and near the ends of the stem. They are oval to sword shaped and 6-20 cm long by 1.5-6 cm wide. They narrow towards the leaf stalk that has wings.

HABITAT

It is a tropical plant.

REFERENCES

Laferriere, J. E. et al, 1991, Mineral composition of traditional Mexican teas. Plant Foods for Human Nutrition. 41:27-282

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/08e27e79-d547-40b2-b085-7c9f8219fb05