PLANT FACT SHEET

Satureja mutica Fisch & C. A. Mey

GENUS *Satureja* **FAMILY** Lamiaceae

COMMON NAMES Kamar oti

EDIBLE PARTS AND USES

Edible parts: Leaves, Flavouring

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Mirdeilami, S. Z., et al, 2011, Ethnopharmacological survey of medicinal plants in Maraveh Tappeh region, north of Iran. Iranian Journal of Plant Physiology 2(1): 327-338

Motamed, S. M., et al, 2010, Antioxidant activity of some edible plants of the Turkmen Sahra region in northern Iran. Food Chemistry 119: 1637-1642

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/09592aa1-ce96-46b0-bbd6-4778c303e48c