PLANT FACT SHEET

Ephedra frustillata Miers

GENUS *Ephedra* **FAMILY** Ephedraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A small shrub. It keeps growing from year to year.

HABITAT

It is a temperate plant. In Argentina it grows from sea level to 1,800 m above sea level.

REFERENCES

Rapoport, E., H., et al, 2003, Plantas Nativas Comestibles de la Patagonia Andina Argentino/Chilena Parte 1, Department de Ecologi Centro Regional Universitario Briloche p 28

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/097bc4cc-9627-46d8-ab16-884d32f6f162