PLANT FACT SHEET

# *Nepeta trachonitica* Post

**GENUS** *Nepeta* **FAMILY** Lamiaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - tea

The leaves are used for tea.

## DESCRIPTION

A herb.

## HABITAT

It is a temperate plant.

## REFERENCES

Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/097bd60b-084c-4d9e-aa89-adab21c1f3b8