PLANT FACT SHEET

Ophrys speculum Link

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Mirror orchid

EDIBLE PARTS AND USES

Edible parts: Bulb, Root

The tubers are dried and ground to make flour (salep) used for deserts and drinks.

DESCRIPTION

A orchid that forms a tuber. It grows 25 cm tall. There is a ring of leaves at the base of the flowering shoot. Each flowering stem has 3-6 flowers. It has a vivid blue lip that is fringed with brown hairs.

HABITAT

It is a subtropical or Mediterranean climate plant. It grows up to 1,200 m above sea level.

NOTES

It is pollinated by a specific species of wasp.

REFERENCES

Kew Plants of the World Online

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/098d100f-85a0-483b-bd50-16691b96b1a1