PLANT FACT SHEET

Lethariella cladonioides (Nylander) Krog

GENUS *Lethariella* **FAMILY** Parmeliaceae

COMMON NAMES Red snow tea, Golden wire brush

EDIBLE PARTS AND USES

Edible parts: Lichen

It is used for drinks, tea or wine.

DESCRIPTION

A lichenised fungi. It is a round mass of branched filaments. It is 4-8 cm across.

HABITAT

It grows in high mountain areas at 4,000 m altitude on the border of Yunnan and Tibet in China.

NOTES

Not in The Plant List
Probably also used as tea are the lichens L. sernanderi, L. cashmeriana and L. sinensis. See J. Nat. Med. (2010) 64:85-88.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 264

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/09d4c038-85d8-42c8-b201-6192b896f8ef