PLANT FACT SHEET

Chasmanthera welwitschii Troupin

GENUS *Chasmanthera* **FAMILY** Menispermaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Root, Vegetable

The pulp of the fruit is eaten raw.

DESCRIPTION

A woody creeper. It grows 30 m long. The branches are hairy and hang down. The leaves are alternate and simple and very hairy. The leaf stalk is 12-14 cm long. The leaf blade is almost round or 5 angled. The flowers are in groups in the axils of leaves and these hang down. Male and female flowers are separate. The fruit are 3 fleshy sections join together. They are 1.2 cm long by 1 cm wide. There is one seed in each section.

HABITAT

A tropical plant. It grows in dense evergreen and semi-deciduous forest in humid areas. It occurs at low and medium altitudes.

NOTES

It is used in traditional medicine.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 560

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 126

Liengola, I. B., 2001, A contribution to the study of native edible plants by the Turumbu and Lokele of the Tshopo District, Province Orientale, D. R. Congo. Syst. Geogr. Pl. 71:687-698

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 59

Malaisse, F., 2010, How to live and survive in Zambezian open forest (Miombo Ecoregion). Les Presses Agronomiques de Gembloux.

Oyen, L. P. A., 2008, PROTA4U

Termote, C., et al, 2011, Eating from the wild: Turumbu, Mbole and Bali traditional knowledge of non-cultivated edible plants, District Tshopo, DRCongo, Gen Resourc Crop Evol. 58:585-618

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/09dc7810-f773-4de2-9118-e908977c1a0c