PLANT FACT SHEET

Olax latifolia Engl.

GENUS *Olax* **FAMILY** Olacaceae

COMMON NAMES Kafe apan

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts, Leaves, Spice

The seeds are eaten after roasting.

DESCRIPTION

A shrub. It grows 3-4 m high.

HABITAT

A tropical plant. It grows near the edges of the forest.

NOTES

There are about 40 Olax species. They are tropical.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0a354d2b-aad2-46a5-b24a-ed4773c78804