PLANT FACT SHEET

Dysphania plantiginella F. Muell.

GENUS *Dysphania* **FAMILY** Amaranthaceae

COMMON NAMES Plantain crumbweed, Rat-tail goosefoot

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are usually soaked in water and then roasted before eating. They are also ground into flour.

DESCRIPTION

An annual herb. It can lie along the ground or curve upwards at the tips. It grows 3-20 cm high. The flowers are green and yellow. They are in com[act clusters on spikes 15 cm long

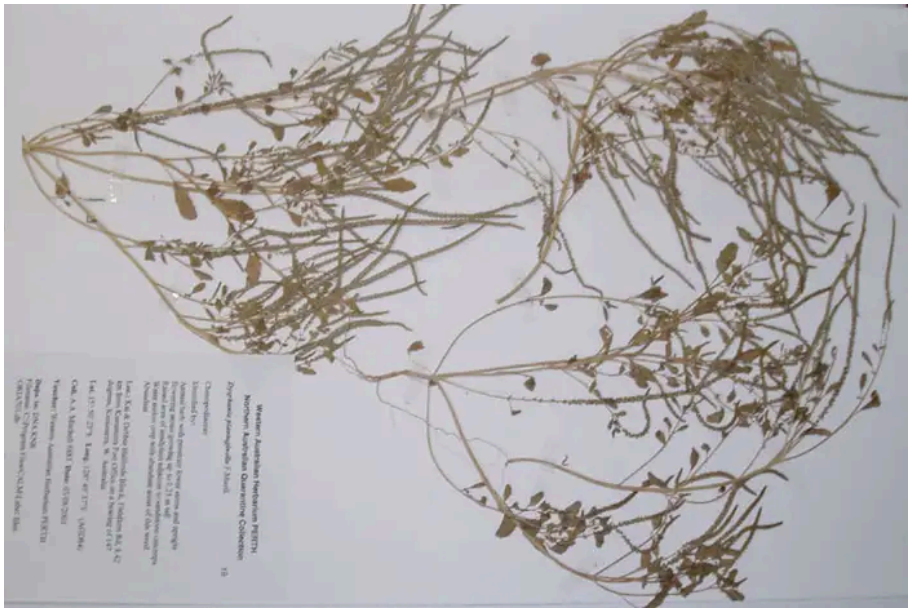
HABITAT

It is a tropical plant. It grows on sand, clay or loam. It can tolerate salt.

NOTES

There are 9 Dysphania species. Also put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0a435081-e841-463a-8f58-df1a48e23490