PLANT FACT SHEET

Oenothera fruticosa L.

GENUS *Oenothera* **FAMILY** Onagraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are parboiled, rinsed, cooked in grease and used as a potherb.

DESCRIPTION

A herb. It grows 1 m tall. It has short hairs. The leaves are oval and 6 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 362 (As Kneiffia fruticosa)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0a897e7d-efc3-4fd2-8a46-4e20e694ef39