PLANT FACT SHEET

Nephrolepis falcata (Cav.) C. Chr.

GENUS *Nephrolepis* **FAMILY** Nephrolepidaceae

COMMON NAMES Fishtail swordfern, Long sword fern

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves, Roots - flour

DESCRIPTION

A fern. It grows in tufts. The fronds are 35-120 cm long and 10 cm wide. The fronds have leaflets along the side. The pinnae have rounded teeth along the edge.

HABITAT

It is a tropical plant. It grows near rivers and in wet places.

PRODUCTION

Cultivation

It can be grown from spores but also by shoots of the stolons or runners.

NOTES

Also put in the family Davalliaceae.

REFERENCES

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Thoa P. T. K., et al, 2013, Biodiversity indices and utilization of edible wild plants: a case study of the Cham Island in Quang Nam Province, Vietnam. Journal of Research in Environmental Science and Toxicology 2(9) :167-174

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0a9d084c-8d2e-4dd1-8133-519b2f040932