PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Selaginella helferi Warb.

GENUS *Selaginella* **FAMILY** Selaginellaceae

DESCRIPTION

A fern. It grows 50-200 cm long. There are some spine like lumps near the base. The main stems are branched along their length. There are 5-15 pairs of main leafy branches and these are divided 3 times. There are leaves in the axils of the main stem that are larger.

HABITAT

It is a tropical plant. It grows in clearings in evergreen forests. It grows in moist places. In southern China it grows between 100-1,200 m above sea level. In Yunnan.

REFERENCES

Anderson, E. F., 1993, Plants and people of the Golden Triangle. Dioscorides Press. p 221

www.eFloras.org Flora of China

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0a9eac1c-30e8-4d2c-bb6f-a5972e2f35ac