PLANT FACT SHEET

Maytenus acuminata (L.f.) Loes.

GENUS *Maytenus* **FAMILY** Celastraceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Roots

The roots are used in soup.

DESCRIPTION

A shrub or small tree. It can grow 1-15 m tall. The leaves are dark green and shiny above and more pale underneath. They are 2-12 cm long by 1-5 cm wide. They are narrowly oval. The flower petals are green or white and can be tinged with red. The fruit capsule is orange to red and 4-11 mm long. It has 3 lobes. There are 1-3 seeds and they ate brown.

HABITAT

It is a tropical plant. It grows between 1,400-2,400 m above sea level.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Oryema, C., et al, 2013, Edible wild fruit species of Gulu District, Uganda. International Journal of Biology and Biological Sciences Vol 2(4) pp 068-082

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0aa935f9-5406-48e8-90e9-0414f3775fcf