PLANT FACT SHEET

Grewia micrantha Boj.

GENUS *Grewia* **FAMILY** Malvaceae

COMMON NAMES Golden raisin, Golden-fruit raisin

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A shrub. It grows 2-5 m tall. The branches droop. The leaves are oblong. They are 8 cm long. The base is rounded or heart-shaped. The leaves have 3 veins from the base. The flowers are yellow. They are produced in the axils of leaves. The fruit are yellow and 7 mm across. They have two lobes. The fruit are edible.

HABITAT

A tropical plant. It grows at low to medium altitude in open woodland in South Africa. It grows between 50-750 m above sea level. It can grow in arid places.

NOTES

There are about 200 Grewia species. They are mostly tropical. The fruit of most may be edible. These were in the Sparrmanniaceae and the Tiliaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Dale, I. R. and Greenway, P. J., 1961, Kenya Trees and Shrubs. Nairobi. p 566

FAO, 1988, Traditional Food Plants, FAO Food and Nutrition Paper 42. FAO Rome p 310

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 45

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 356

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Ogle & Grivetti, 1985,

Palgrave, K.C., 1996, Trees of Southern Africa. Struik Publishers. p 574

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 192

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 11th June 2011]

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 76

Swaziland's Flora Database http://www.sntc.org.sz/flora

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 128

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0ac74026-1683-4f1e-a72a-3085d40c4e14