PLANT FACT SHEET

Persicaria campanulata (Hook.f.) Ronse Decraene

GENUS *Persicaria* **FAMILY** Polygonaceae

COMMON NAMES Lesser knotweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The tender shoots are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It lies along the ground. It grows 0.6-1.2 m high and spreads 0.9-1.5 m wide. The leaves have short stalks. They are oval or sword shaped. They are hairy above and woolly underneath. The leaves are 3.5-12 cm long. The flowers are white. They occur in loose flower clusters at the ends of branches. They become red with age.

HABITAT

It is a temperate plant. In Nepal it grows between 2100-4000 m altitude. It grows in moist, open places. It does well in shade. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

Plants can be grown from seed or root offshoots.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0ace4111-7292-462b-86fd-d2005da92cc5