PLANT FACT SHEET

Sesamum triphyllum Welw. ex Asch.

GENUS *Sesamum* **FAMILY** Pedaliaceae

COMMON NAMES Thunderbolt flower, Wild sesame

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

The seeds are eaten and used as a snack. They also provide cooking oil.

DESCRIPTION

A herb. It is an annual plant. It has an unpleasant smell. It grows 2.5 m high. The leaves have 3-7 lobes. The leaves at the top can be simple. The flowers are tube shaped and divided into 5 shallowly lobed petals. They occur singly in the axils of leaves. They are pink. The fruit is a cylinder shaped capsule. It is four sided. It is 4 cm long. It has a pointy tip.

HABITAT

It is a subtropical plant. It grows in sandy and loamy soils. It grows between 150-1,670 m above sea level. It can grow in arid places.

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0acf6f23-be80-4563-b411-48e1a85d8314