PLANT FACT SHEET

Carex baccans Nees

GENUS *Carex* **FAMILY** Cyperaceae

COMMON NAMES Crimson-seeded sedge

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A sedge.

HABITAT

It grows in wetlands.

REFERENCES

Zhang, Y., et al, 2014, Diversity of wetland plants used traditionally in China: a literature review. Journal of Ethnobiology and Ethnomedicine. 10:72

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0afa09c5-fb84-4e89-ad82-d42e5fc2e919