PLANT FACT SHEET

Begonia semperflorens Link & Otto

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Begonia fair lady

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves are eaten like a sorrel.

DESCRIPTION

A small herb. The leaves are round and glossy. They have red tinges along the midrib. The flowers are white or pink.

HABITAT

It is a tropical plant.

REFERENCES

Benvenuti, S. & Mazzoncini, M., 2021, The Biodiversity of Edible Flowers: Discovering New Tastes and New Health Benefits. Frontiers in Plant Science Article 569499.

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 56

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0b3e9294-ac1a-4f0e-9fa7-6208c60b162d