PLANT FACT SHEET

Eremurus himalaicus Baker

GENUS *Eremurus* **FAMILY** Asphodelaceae

COMMON NAMES Himalayan desert candle, Foxtail lily

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Fruit

The leaves are cooked and used as a vegetable.
The young flower buds are eaten.
The fruit are eaten raw.

DESCRIPTION

A clumping herb. It grows 90-120 cm high and spreads 75 cm wide. The leaves are strap shaped. The flower spikes are 3 m tall. The flowers are in dense heads. They are lily like and white and star shaped. The stamens protrude.

HABITAT

It is a temperate plant. They grow in dry areas. In the Himalayas it grows up to 3,900 m above sea level. It suits hardiness zones 3-9.

PRODUCTION

Cultivation

Plants can be grown by seed of division of the clump. Care needs to be taken not to damage the roots.

NOTES

There are about 50 Eremurus species.
It has also been put in the family Xanthorrhoeaceae.

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