PLANT FACT SHEET

Eragrostis mexicana (Hornem.) Link

GENUS *Eragrostis* **FAMILY** Poaceae

COMMON NAMES Mexican lovegrass

EDIBLE PARTS AND USES

The seeds are parched, ground and the flour cooked into a mush.

DESCRIPTION

A grass. The stems are 90 cm long and can be erect or leaning over. The leaves are 26 cm long and 6 mm wide. They are flat and are rough above. The flowering arrangements are 38 cm long and 20 cm wide. The spikelets are tinged with purple or grey.

HABITAT

It is a tropical plant. In Guatemala it grows between 900-2,400 m above sea level. In Argentina it grows from sea level to 3,000 m above sea level.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 217

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0b8097fe-9f3a-43d2-8e86-680ca9e1fa89