PLANT FACT SHEET

Juncus rigidus Desf.

GENUS *Juncus* **FAMILY** Juncaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Vegetable

The young shoots are eaten.

DESCRIPTION

A rush. It forms tufts. It keeps growing from year to year. It has underground stems or rhizomes. It grows 60 cm high.

HABITAT

It is a tropical plant. It grows in salt marshes and brackish pools in oasis in the Sahara and on coastal sand dunes. It is very salt tolerant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0bdbe356-3407-4b1c-a0bd-12a58c9810be