PLANT FACT SHEET

Cynara baetica (Sprengel) Pau

GENUS *Cynara* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flower

The flower is used to curdle milk.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

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Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3),

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0be45ddc-9584-4e79-bdb6-a95614c0afa4