PLANT FACT SHEET

Cynanchum hastifolium subsp. hastifolium N. E. Br., (N. E. Br.) Liede

GENUS *Cynanchum* **FAMILY** Apocynaceae

COMMON NAMES Gesuriat

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are boiled in milk.

DESCRIPTION

A twining climbing plant. It can grow up to 1 m tall. The flower buds are 3-4 mm long. The flower follicles hang down and are 6-10 cm long by 1-1.5 cm wide.

HABITAT

It is a tropical plant. It grows in West Africa between 200-1,600 m altitude in bushland.

NOTES

Also put in the family Asclepiadaceae.

REFERENCES

Liede, S., 1996, A revision of the Cynanchum (Asclepiadaceae) in Africa. Annals of the Missouri Botanical Gardens. 83(3): 306 (As Cynanchum clavidens subsp. hastifolium)

Morgan, W. T. W., 1981, Ethnobotany of the Turkana: Use of plants by a Pastoral People and Their Livestock in Kenya. Economic Botany 35(1):96-130 (As Cynanchum clavidens subsp. hastifolium)

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 63 (As Cynanchum clavidens subsp. hastifolium)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c087865-6c16-4cb6-ac64-ea31e5325756