PLANT FACT SHEET

Empodium plicatum (Thunb.) Garside

GENUS *Empodium* **FAMILY** Hypoxidaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Root

The tuberous roots are eaten raw.

DESCRIPTION

A herb. The leaves are grass like. The flowers are yellow.

HABITAT

It is a subtropical plant.

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c16e970-a58f-4ef9-8324-e19e96aaaa62