PLANT FACT SHEET

Rungia congoensis C. B. Clarke

GENUS *Rungia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Flavouring, Vegetable, Leaves, Spice

The leaves are eaten with other vegetables.
The leaves are also dried and used as a spice with meat.

DESCRIPTION

A small creeping herb. It grows 20 cm tall and 30 cm long. The leaf stalks are 1-3 cm long. The leaves are opposite and wedge shaped at the base.

HABITAT

It is a tropical plant. It grows in cool shady sites.

NOTES

An unresolved name in The Plant List.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 564
Latham, P., 2004, Useful Plants of Bas-Congo province. Salvation Army & DFID p 241
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