PLANT FACT SHEET

Heracleum pubescens (Hoffm.) Bieb.

GENUS *Heracleum* **FAMILY** Apiaceae

COMMON NAMES Downy cow-parsnip

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem

The young shoots have a sweet juice and is eaten raw. They are also pickled.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c35b3ec-fbc4-4551-87d7-cb4fcace7e76