PLANT FACT SHEET

Clerodendrum glandulosum Lindl.

GENUS *Clerodendrum* **FAMILY** Lamiaceae

COMMON NAMES Ping-khao

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The young leaves are used as a cooked vegetable during winter. They are used in vegetable stew.
The fresh leaves can be stored for 7 days.

DESCRIPTION

An evergreen shrub. It grows 3 m high and spreads 2 m wide. The stem is slender and erect. The crown is round. The leaves are broadly oval. They are heart shaped at the base. The flowers occur in dense heads. They are white and star shaped. They have long stamens. The fruit are blue and fleshy when ripe.

HABITAT

A tropical plant. It is best in well-drained, well-composted soils. It needs a protected sunny position. In Northeastern India it grows between 1,200-1,700 m above sea level. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

Harvesting and Seed Production

In Nagaland leaves are harvested June to September.

NOTES

There are about 400-600 Clerodendrum species.

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