PLANT FACT SHEET

Dioscorea sagittifolia var. lecardii (De Wild.) Nkounkou

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

A yam. The vines are 8 m long. They twine to the right-hand. The tuber is deep rooted.

HABITAT

A tropical plant. It grows in the Sahel. It can grow in arid places.

NOTES

There are about 650 species of Dioscorea.

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Ojelel, S., et al, 2019, Wild edible plants used by communities in and around selected forest reserves of Teso-Karamoja region, Uganda. Journal of Ethnobiology and Ethnomedicine (2019) 15:3

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c698991-cae0-4f8e-86cc-83a800922d59