PLANT FACT SHEET

Ceropegia convolvuloides A. Rich.

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

A twining plant. The stems are hairy. The leaves are 5-8 cm long by 2-6 cm wide. They are oval or heart shaped. There are soft hairs on both sides. There are 12-20 flowers in a group.

HABITAT

It is a tropical plant. It has been recorded at 3,500 m above sea level.

NOTES

There are about 160-200 Ceropegia species. Probably now in Apocynaceae

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 12

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c90fdaf-6113-4734-a852-c78508c79804