PLANT FACT SHEET

Bauhinia cheilantha (Bong.) Steud.

GENUS *Bauhinia* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

DESCRIPTION

A small tree. The leaves are simple and alternate. They divide in the middle. The fruit is a flexible pods that splits open.

HABITAT

It is a tropical plant. It mainly grows in seasonally dry areas. It can grow in stony soils low in nutrients.

NOTES

The seeds are rich in protein.

REFERENCES

Gomes, L.C.A., et al, 2023, Patterns of use of wild food plants by Brazilian local communities: systematic review and meta-analysis. Journal of Ethnobiology and Ethnomedicine. 19:47 p 8

Nascimento, V. T. D., et al, 2013, Knowledge and Use of Wild Food Plants in Areas of Dry Seasonal Forests in Brazil. Ecology of Food and Nutrition, 52:317–343

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0c990562-cccd-492d-add1-e8fddcb1ce73