PLANT FACT SHEET

**Use with caution**

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

# *Adenia crassa* Merr.

**GENUS** *Adenia* **FAMILY** Passifloraceae

**COMMON NAMES** Sabugok

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

## DESCRIPTION

A climber. It grows 10 m high. The leaves are entire and have shallow teeth on the lower half. The fruit are shining red.

## HABITAT

It is a tropical plant. It grows on the edges of forests from sea level up to 500 m altitude.

## REFERENCES

de Wilde, 1972, Passifloraceae, Flora Malesiana, Ser. 1. Vol. 7 (2) p 431

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/0cad1a2e-206f-43a0-beb7-74d18b40e25f