PLANT FACT SHEET

Borrichia arborescens (L.) DC.

GENUS *Borrichia* **FAMILY** Asteraceae

COMMON NAMES Sea oxeye, Seaside oxeye

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten in salads. They have a salty taste.

DESCRIPTION

A herb. It grows as a ground cover. The leaves are greyish and covered with hairs. The flower petals are yellow.

HABITAT

It is a tropical plant. It is salt tolerant. It grows near the seashore.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 139

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0cc5865f-37a6-423c-a888-5e5efa04497e