PLANT FACT SHEET

Begonia dryadis Irmsch.

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Flavouring, Stalks

The leaves are eaten cooked or fresh as a flavouring.

DESCRIPTION

A herb. It has a short stout rhizome. The stems are erect and 60 cm tall. The leaf stalks are 18-42 cm long. The leaves are on the stem. They are oval and unequal of opposite sides. They are 9-30 cm long by 8-24 cm wide. They are hairy underneath.

HABITAT

It is a tropical plant. It grows in the under storey of the forest by streams in valleys between 600-1,200 m above sea level. In Yunnan.

PRODUCTION

Harvesting and Seed Production

Leaves are available throughout the year.

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0cf3f8b4-8c98-45a9-a8da-d2b7b10ddbfb