PLANT FACT SHEET

Amomum stenocarpum Valeton

GENUS *Amomum* **FAMILY** Zingiberaceae

COMMON NAMES Kaol haol

EDIBLE PARTS AND USES

Edible parts: Seeds, Spice, Fruit

DESCRIPTION

A large ginger family herb. It can grow 3 m tall. The leaves are sword shaped and 90 cm long by 13 cm wide. The fruit are green and 2.5 cm long.

HABITAT

A tropical plant. It occurs in Sumatra.

NOTES

There are about 150 Amomum species. They are mostly tropical.

REFERENCES

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Uji, T., 2007, Species diversity of indigenous fruits in Indonesia and its potential. Biodiversitas, 8 (2): 157-167

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0cff64f1-a146-446c-abd6-90efdf47d0a5