PLANT FACT SHEET

Limnophila micrantha (Benth.) Benth.

GENUS *Limnophila* **FAMILY** Plantaginaceae

COMMON NAMES Maam sva

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used to flavour dishes.

DESCRIPTION

An annual herb. It grows 10-20 cm high.

HABITAT

A tropical plant. It grows in wet places and paddy fields. It can grow up to 1400 m in tropical countries.

NOTES

There are about 35 Limnophila species.
Also put in the family Scrophulariaceae.

REFERENCES

Phon, P., 2000, Plants used in Cambodia. © Pauline Dy Phon, Phnom Penh, Cambodia. p 402

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0d0239a0-143d-4519-b99f-6e43b79b0713